



## **Help Yourself Pantry A Food Drive Project For The Children's Inn at NIH**

Dear Friend of the Inn:

The Children's Inn is a caring place to be, a place to relax with other families who are undergoing similar treatment. For the children who are treated at NIH, quality of life is very important. Often families arrive late at night after our grocery run and do not have food for meals or may not have sufficient funds to purchase food. Our "Help Yourself" Pantry provides food for families 365 days a year.

The following items are needed for the pantries at the Inn:

Long Grain White Rice

Canned vegetables

Canned fruits

International Foods

Small individual boxes of cereal

Jelly (grape, strawberry and other flavors) and peanut butter

Kids' snacks (i.e. fruit snacks, granola bars, small bags of pretzels)

Long life reduced fat milk

Cup of noodles

Juice boxes

Cans of assorted soups

**Please check the expiration date on food you donate. This helps us in stocking the shelves with fresh food for the families.**

You may drop off the items at The Children's Inn, 7 West Drive, Bethesda, MD before 7 PM to the volunteer at the Welcome Desk and complete an In-kind Donation form. Thank you for considering this program as your community service project.

Sincerely,

Cait Cutter, Community Outreach & Volunteer Assistant

The Children's Inn at NIH

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